

## 2018-19 Visible Men Academy Parent Success Program



### Our Data shows that parents who are in the VMA Parent Success Program:

- Have children with more academic success (*Grade level reading and Honor Roll*)
- Have children who demonstrate reduced behavioral issues
- Show significant increase in student attendance

**Join us this year in the Parent Success Program!**



**Starting Tuesday, September 11<sup>th</sup> – November 13<sup>th</sup> from 4:30 pm – 6:30 pm**

***FREE Family Dinner and Child Care Provided and All Groups in English and Spanish***

**Every Tuesday at VMA from 4:30 pm - 6:30 pm**

**Wellness Workshops, Counseling, Financial Empowerment Series and Case Management with the *Women's Resource Center*.**

**• September 11<sup>th</sup> & September 18<sup>th</sup>**

4:30 pm – 5:15 pm **Chat & Chew**

*Healthy Snacks for parents & kids*

*Variety of Discussions: Parent Input/ Advocacy, Parent Coaching, Case-Management*

5:15 pm – 6:15 pm **Yoga**

Instructor: Rachel Croll (*bring a mat or blanket*)

**• September 25<sup>th</sup>**

4:30 pm – 4:50 pm **Chat & Chew**

*Healthy Snacks for parents & kids*

5:00 pm – 6:15 pm

**Financial Support** – Budgeting and Credit

**• October 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>**

4:30 pm – 4:50 pm **Chat & Chew**

*Healthy Snacks for parents and kids*

5:00 pm – 6:15 pm **Healthy Parenting – Healthy Relationship**

*(Self Esteem, Healthy Relationships, Boundaries, Cyber Safety, How to talk to your child about Sexuality)*

**• November 6<sup>th</sup> & 13<sup>th</sup>**

4:30 pm – 5:15 pm **Chat & Chew**

5:15 pm – 6:15 pm **Meditation**

***Parents & Caregivers who participate in the Parent Success Program are eligible for the following:***

Family Emergency Fund Support • **FREE** Uniforms • Case Management  
**FREE** Tickets to Museums and Special Events • Community Resources and more!

**Join VMA Parents as they invest in their Child & FAMILY SHINE!**

For more information about our Parent Success Program, please contact:

**Peg Hughes, LCSW**

*Visible Men Academy Coordinator of Student & Family Services*

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***These programs are made possible through our strategic and supportive collaboration with the following agencies:***

